

If you or someone you know is living with early-stage Alzheimer's or dementia, or caring for someone who is, you're not alone.

**Marco Dementia Respite** is now offering free, local programs to support individuals with dementia, caregivers, and adults in the greater Marco Island and South Naples areas. Our mission is to deliver compassionate, educational, and engaging services that truly make a difference - at no cost to families.



## Our Core Programs

### Participant Program

A no-cost, 4-hour session designed to promote brain fitness and social connection through shared memories, games, crafts, chair exercise, animal-assisted therapy, and a healthy lunch.

[Learn more >](#)

### Caregiver Support Program

A supportive group environment where caregivers can connect, share experiences, and access helpful resources to navigate the unknowns of the dementia journey.

[Learn more >](#)

### Memory Assessment Center

Open to all Marco-area residents, this proactive program includes a clinical interview and assessment of cognitive and emotional functions, baseline activities, differential diagnosis, care planning, and caregiver education.

[Learn more >](#)



### Contact Us Today

Phone - (239) 388-4134

Ext. 2 - Memory Assessment

Center

Ext. 3 - Caregiver Support

[Contact](#)

## Research

Research and articles shared by Dr. Nussbaum, board-certified in Clinical and Geropsychology with a Neuropsychology focus.

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## MDR In The News



### A Memorable Celebration

Marco Dementia Respite  
Announces New Facility at Gala

[Read More](#)

Support MDR by making a donation today to help us continue providing care to those in need.

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# MARCO DEMENTIA RESPITE (MDR)

*"Forget Me Not"*

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